NORTH WEST SUSTAINABILITY REPORT 2022





Forging Partnerships to Uplift the Community

MAYOR'S NOTE

In 2022, North West CDC has focused on uplifting the community, in order to equip residents to emerge stronger from the pandemic. We launched new assistance programmes, and enhanced our existing ones, to help residents defray daily expenses, and encourage lifelong learning by equipping them with skills to enhance their lifelong learning journey and employability.

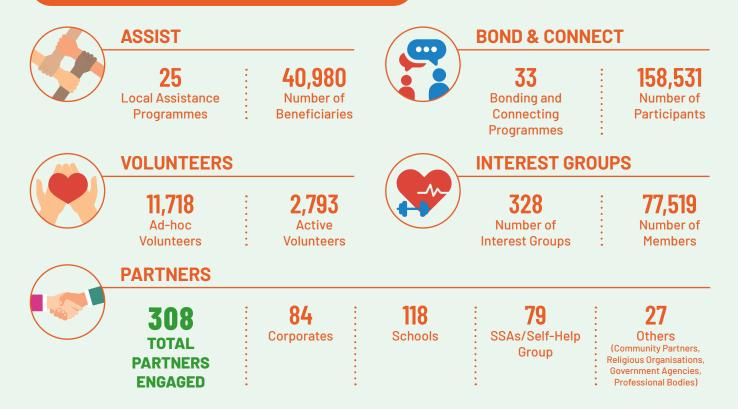
In line with our philosophy of holistic wellness, our Healthy Living programmes not only keep residents physically fit but also provide support in mental wellness. We have been engaging participants of all ages to return to their regular physical fitness activities, organising large-scale activities to promote an active lifestyle and social cohesion in the community. As part of bonding the community, we continue to encourage our residents to practice sustainable living through simple green actions, to build a deeper green culture within the North West.

As our on-ground activities increase, we hope to connect more partners to meet the needs in the community. Whether it is health-related programmes or sustainability initiatives, passionate community partners can tap on our funding to start ground-up initiatives that would benefit the community at large. Corporate and community partners can continue to provide support to our community through giving and volunteering at our events. More participation and volunteerism will give us the multiplier effect to scale up our programmes, and help us realise our Vision to build a Caring and Healthy North West Community, together.

North West CDC has achieved much in 2022, due to the strong support of our corporate and community partners as well as volunteers. I look forward to more impactful and sustained collaborations in 2023 and beyond.

Alex Yam Mayor of North West

KEY HIGHLIGHTS FOR FY2022



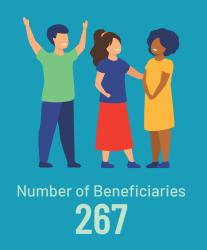
UPLIFTING THE COMMUNITY

Providing short-term assistance for residents, as well as encouraging self-reliance and empowering residents to improve their lives and employability through SkillsFuture Advice.

LITTLE STEPS @ NORTH WEST

Little Steps @ North West provides cash assistance to eligible households with children aged up to six years old, who are supported by KidSTART SG. The additional cash assistance will help relieve families' stress from upkeeping daily expenses, to focus on their children's development.





FY2022



Number of Households



I'm thankful for the cash assistance, which will help us defray expenses for the next few years. The additional financial support has also reduced my stress, allowing me to focus on caring for and supporting my children."

Ms Hui Sui Shan, 38, Beneficiary

NORTH WEST INTERIM FINANCIAL ASSISTANCE SCHEME

North West Interim Financial Assistance Scheme (IFAS) provides a one-time financial assistance of up to \$500 to North West residents who are in need to tide them through their financial difficulties and immediate needs.

> Number of Beneficiaries 100 TYPES OF ASSISTANCE PROVIDED

FY2022

Hardship :

80

Transport

Total Funds Disbursed \$43,950

Adult Diapers

NORTH WEST INTERIM FINANCIAL ASSISTANCE SCHEME

My husband's medical condition caused a sudden loss of income, and it had taken a toll on the family. It was a difficult period for the family and our bills just kept piling up. Thanks to IFAS, the financial assistance we have gotten were able to tide us through the difficult period and it definitely helped provide some relief for the family."

Caregiver

15

Ms Darshana, 43, Beneficiary

SKILLSFUTURE ADVICE @ NORTH WEST

SkillsFuture Advice @ North West aims to uplift the community by inculcating the culture of lifelong learning in our residents and empowering them to take charge of their learning for better job opportunities and a fulfilling and enriched life.



SKILLSFUTURE LEARNING JOURNEY @ NORTH WEST

SkillsFuture Learning Journey @ North West is a one-stop event with SkillsFuture Advice interactive stations. This initiative provides a platform for engagement with the community to encourage upskilling and reskilling.

Learning Journeys Held



Number of Attendees **3,847**

SKILLSFUTURE CORPORATE SERIES

SkillsFuture Corporate Series is an initiative to bring SkillsFuture Advice workshops to the employees of companies. The aim of this initiative is to create awareness of SkillsFuture and continuous learning as well as to encourage upskilling in the workplace.

Corporate Series Held



Number of Attendees **552**

In life, you need someone or an incident or a situation or even a particular location to motivate you, inspire you, and help you to achieve your goals. I am glad North West CDC's workshop was there when I needed the lift to achieve my goals."

Ms KPM Jayanthi, Participant

Maintaining an active and healthy lifestyle, North West residents are encouraged to join our health and wellness movement through a range of healthy living programmes.

NORTH WEST DANCE-FIT CLUB

Bringing together residents of all backgrounds and forging strong friendships, North West Dance-Fit Club encourages members to remain socially and physically active through dancing.



STATUS OF INTEREST GROUPS

Number of DFC Clubs



Number of Members **3,761**

MILESTONE EVENTS



Number of Participants **870**



Number of Participants **200**

I've joined North West Dance-Fit Club for over 10 years. It has allowed me to lead an active and healthy lifestyle by strengthening my motor skills and flexibility, meet new people and socialise with my friends."

Mr Albert Yan, 80, Dance-Fit Club member

lental Wellness Toolkit

MENTAL WELLNESS @ NORTH WEST

Mental Wellness @ North West promotes mental wellness in the community. In collaboration with our community partners, the programme hopes to increase mental wellness literacy through workshops and trainings, and provide enhanced mental wellness support for the North West community by identifying residents who require help and ensuring that they have access to mental health services early.



I was involved as both a speaker and panelist for Mental Wellness @ North West Virtual Talk series. The variety of topics gave participants a sampling of issues commonly faced by residents who need mental help. It was insightful for myself and extremely meaningful for Boys' Town to be part of this series. I hope more residents can benefit from this programme."

Ms Celynn, Principal Counsellor, Boys' Town Clinical Intervention Centre

ADVOCATING GREEN LIVING

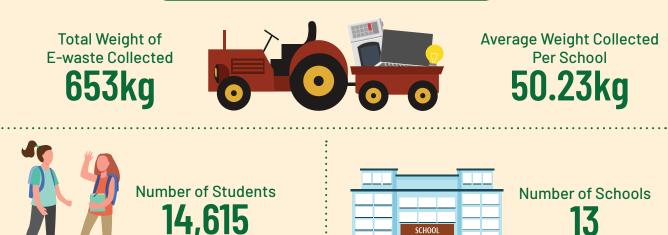
Imbuing a green mindset and sparking behavioural change among residents, starting from the simplest actions, towards a sustainable future.

RECYCLE @ NORTH WEST -SCHOOLS

To instill good recycling habits from young, recycling points are set up in schools for students to come together to collect recyclables, understand the recycling process, and put their knowlege to good use through hands-on recycling.



E-WASTE RECYCLING IN SCHOOLS



I learnt the importance of recycling, how it helps to preserve natural resources and transform waste into useful products. Recycling of e-waste is often ignored because people do not have the knowledge on what electronics they can recycle. Through this programme, my school brought in e-waste bins to help promote recycling of e-waste to the students. It was insightful and knowing that I have a part to play in protecting the environment, keeps me motivated in being an avid advocate of recycling at home."

Ms Claire Chow, Student, Regent Secondary School

NORTH WEST GIRAFFE FUND

North West GIRAFFE Fund supports ground-up initiatives that encourage sustainability and environmentallyfriendly habits. The activities range from keeping our waters clean, to cultivating a sustainability lifestyle through clothes swapping among others.





The fund supported many of our environmental projects to educate our residents on the importance of protecting our environment. With the GIRAFFE funding, we're able to create and experiment with different projects with the aim of getting families of different ages to learn about sustainability and practise what they have learned at home."

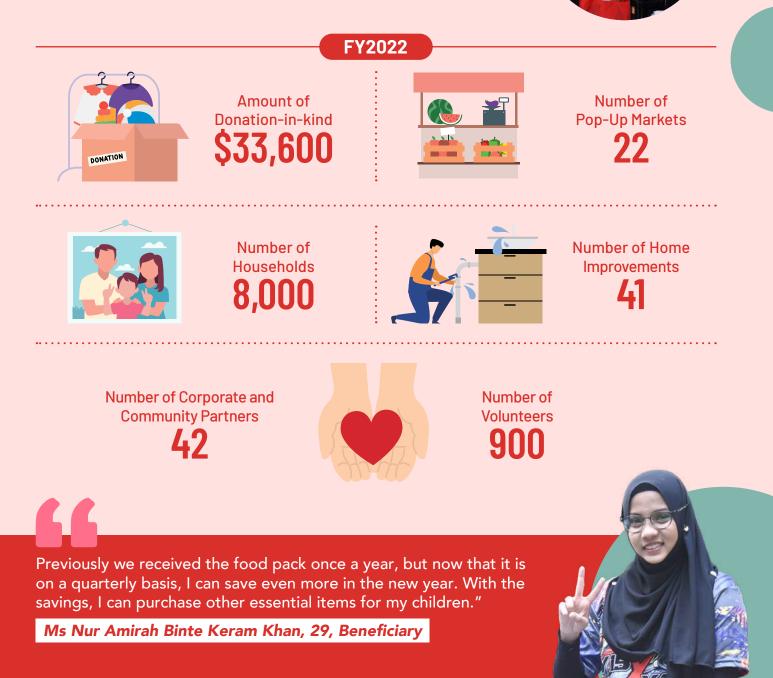
Mr Melvin Lim, North West Green Champion (Admiralty)

ENABLING PARTNERSHIPS & VOLUNTEERISM

Playing an enabler role in connecting community and corporate partners' resources and volunteerism to serve the various needs in the community.

WECARE @ NORTH WEST SERVICE WEEKS

With the rising cost of daily necessities, the programme provides more support to needy residents through quarterly assistance. On top of helping needy residents living in rental housing under the the Public Rental Scheme, residents on the constituencies' local welfare schemes are also assisted.



NORTH WEST YOUTH CONCERT

North West Youth Concert allows youths to showcase their artistic talents, and serves as a fundraising platform to engage our corporate and individual donors to raise funds for a meaningful cause. To mark its 10-year anniversary, a three-month fundraising campaign rallied the community to raise more than \$700,000 for the Student Support Fund.





SUSTAINABLE DEVELOPMENT GOALS (SDG)

Guided by the Sustainable Singapore Blueprint (SSB) and the Sustainable Development Goals (SDGs) from United Nations' (UN) 2030 Agenda for Sustainable Development, the North West Sustainability Plan 2030 extends beyond green living to promote sustainability in all forms throughout the North West District through the adoption of eight UN SDGs.



PARTNER AND VOLUNTEER WITH US

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